Consent for Radio-Frequency Assisted Lipoplasty
(Lipotron Lipoplasty)

I understand that RFAL is a technology currently seeking FDA approval. The concept of this treatment is to use a bi-polar radio frequency technology to increase the body’s temperature enough to stimulate collagen in the skin and break down adipose tissue (fat). Cosmetic indications for these procedures include but are not limited to cellulite reduction, treatment of problem fat areas, skin tightening, and skin rejuvenation. Depending upon the area to be treated, each treatment takes approximately 20-55 minutes. You may experience increased redness to the area for up to 12 hours. You will be able to return to most normal activities following the treatment.

I have been informed of the potential risks and side effects of RFAL including but not limited to redness, swelling, heat sensitivity, pain, increase bowel movements, increased urination, increased menstrual flow, flu like symptoms and “arch” burns. I understand the nature of the proposed procedure. The risks, potential damages and adverse side effects have been explained to me and I fully understand.

____________ Initial

I understand that I must commit to a minimum of 10 treatments to achieve results. At that point I will be re-evaluated to see if more sessions are needed in order to achieve realistic goals. Patients who are extremely thin may require fewer treatments, while heavier patients may require more. I understand the treatment is most successful if I also maintain a healthy diet and commit to an exercise program. I know that if after the treatment course I gain weight, the results of the RFAL may be reversed.

____________ Initial

I am aware that this procedure is considered cosmetic and is considered experimental or investigational and therefore will not cover by insurance.

____________ Initial

I authorize Body Focus Laser & Longevity Center to perform my treatments with Lipotron Lipoplasty:

Print Name: ____________________________

Signature: ____________________________ Date: ____________

Post Treatment Care for Lipotron Lipoplasty

Increase water intake by a minimum of 32 oz. throughout the duration of the treatment cycle. (Room temperature (no chilled) water within the first 2 hours after your treatment.)

By the end of the treatment day, you must participate in light cardiovascular exercise (walk, jog, aerobics, cycling, etc.) for a minimum of 30 minutes.

Don’t eat or drink any cold foods and beverages with 2 hours of the procedure.

Don’t take a cold shower or swim in cold water within 2 hour of the procedure.

No weight lifting or strength training within 48 hours of the treatment. Cardiovascular exercise is encouraged.

Don’t take any Tylenol or non-steroidal anti-inflammatory drugs (Advil, Motrin, and Ibuprofen) for up to 1 week after your treatment.

Eliminate alcohol consumption for 1 week after your treatment.

No tanning within 24 hours post your procedure.

For questions or concerns after your treatment, please contact:

Body Focus: Laser & Longevity @ 432-688-1900